

AMY CRETSINGER



Amy is a 2003 graduate of Sisters High School, and a stellar performer in and out of the classroom. She took the state by storm starting her freshman year at SHS, excelling in cross-country and in track and field. Amy was on one of SHS's best cross-country teams, which finished third in 2001 and second in 2002. Amy also excelled as one of the most versatile track and field athletes that SHS and the state have seen. She broke school records in the 200m and 400m her freshman year and finished third at state in the long jump. She was named most inspirational performer her sophomore year, finishing seventh in the triple jump and second in the long jump for a SHS team that finished third at state. In 2002, Amy won state in the long jump (best for all classes), finished second in the triple jump, placed second in the 300 IM hurdles, and placed second as part of the 400m relay – a total of 28 points (tops for 3A females) for a team that finished second – and was named 3A Athlete of the State Meet. She followed this up her senior year with 27 points (out of 34 that SHS scored) at the state meet (2nd 300 IM hurdles, 2nd long jump, 1st triple jump, 5th 1600m relay). She finished ninth all-time in scoring for 3A females (on the 4 class system), and was SHS Athlete of the Year for 2002 and 2003. Amy continued her stellar track career at Weber State University (graduating 2007), finishing with the sixth all-time best in the long jump and second all-time best in the triple jump, while performing numerous times in the Big Sky Conference indoor and outdoor championships. “One of the best of the best” confirmed her coaches.



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