

# PARKER BENNETT



**Parker Bennett (SHS Class of 2010). Endurance Athlete. Parker excelled in the classroom and as an endurance athlete at Sisters High School. Parker was an unrelenting competitor in cross-country, on the track and as a Nordic skier. He finished his SHS career with records in cross country, in the 1500 meters (as the first Outlaw to run the 1500 in under 4 minutes), and in the 3000 meters. Parker was a team captain and named MVP his senior year at SHS for both cross country and track. Parker continued his running career at Willamette University (Salem, OR). He ran both track and cross-country and earned All-American honors at the NCAA Cross Country Championships. He won the Northwest Conference Cross Country Championship titles in 2012 and 2013 while helping his Willamette team win team championships both years, and was named All-Academic three times by the USTFCCA. In track, Parker won the 5000 meters at the Northwest Conference Championships and placed second another year. He also worked with Ten Friends in Nepal to support schools and orphanages. For these and other efforts, Parker received a Ford Family Foundation Scholarship while at SHS and the Willamette University J. H. Booth Award as the top senior male student-athlete. Parker is Certified Group Fitness Instructor with a M.S. of Exercise Science Degree and is living in Berlin, Germany.**



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